



Policy Title:	Physical Education
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	Index	Page
1.	Federation Vision	2
2.	Curriculum Statement	2
3.	How PE fits into our Federation Curriculum	2
4.	Curriculum Organisation and Content for PE	3
5.	Spirituality in P.E.	3
5.	Inclusion, Support and Challenge	3
6.	Assessment	4
7.	Monitoring	4

St John and St Nicolas Schools Federation

Physical Education (PE) Policy 2022-2023

Federation Vision

At St John and St Nicolas Schools Federation, our vision is 'For the good of all – through curiosity, creativity and love.' This vision inspires everything that the federation does. It applies equally to all the federation's policies with the intention that our policies impact as fairly and positively as possible to meet the needs of all members of our schools' community.

Curriculum Statement

Our federation is a journey for all of our children from the Early Years Foundation Stage to Year 6 and beyond. Our curriculum aim is for children's time with us to prepare them for life after our schools. Each child in our schools is recognised as an individual with their own ambitions, needs, skills and aspirations and it will be our schools' role to support and challenge each individual to achieve these.

Our curriculum will allow all children to develop the key skills of reading, writing and maths through a broad and balanced curriculum providing a wide range of experiences. Throughout our schools, we will promote equality and diversity and will provide every opportunity for children to develop resilience, confidence and enthusiasm, so becoming imaginative, creative and independent learners able to make informed decisions. Our rich curriculum, complemented by our nurturing approach will allow all our children to develop emotionally and spiritually.

We value all aspects of the school curriculum and will ensure our curriculum encompasses spiritual, moral, social, cultural, emotional and physical education.

How PE fits into our Federation Curriculum

In Foundation Stage, the children have one adult-led PE lesson a week. In addition, the children have access to equipment and space to develop their physical literacy as the pedagogy is to learn through play. The children have the choice and opportunity to develop these skills both indoors and outdoors.

In Key Stage 1, the children have two adult-led PE lessons per week in addition the children have opportunities to be active throughout the school day such as Discovery time and break times.

In KS2, children have two adult-led PE Sessions per week. In addition, the children complete the Daily Mile each day where they run, jog or walk one mile with their classmates.

Curriculum Organisation and Content for PE

At St John's, we follow the Real PE curriculum when teaching adult led PE. In Early Years, PE begins with the children learning to become independent such as changing themselves and being responsible for their own belongings. We build the foundation of these basic skills and each lesson is focused on one of the following areas of development:

- Personal
- Cognitive
- Social
- Health and Fitness
- Creative
- Physical

Throughout the year, children have access to specialist teachers during PE sessions enabling them to have a richer curriculum experience.

In KS2, we follow a curriculum map where each term the children have a sport focus and an indoor core strength focus (dance, gymnastics, circuits or swimming).

Children have PE delivered by specialist teachers and coaches throughout the year as well as their own class teachers.

When planning PE sessions, teachers use a progression skills map in order to see the children's starting points and what the next progression is within each area of learning. This ensures teachers are able to accurately pitch lessons and extend where necessary.

Spirituality in PE

Spirituality can be explored in every subject. In P.E., children learn to appreciate their uniqueness and to be happy with who they are and can feel the joy that creativity through sport brings.

Inclusion, Support and Challenge

Children with additional needs are supported throughout the sessions by the class teacher and supporting adults, adapting the sessions to meet their needs.

In order to challenge more able children, teachers continually assess throughout, enabling all children to be challenged.

Children have opportunities to represent the school in a variety of physical competitions throughout their time with us. Some of these activities involve a festival, where we have the opportunity to inspire those less able/reluctant athletes to try physically engaging activities.

We also have a fantastic history of success in sport allowing us to stretch and challenge those more able athletes.

Assessment

In EYFS and KS1 staff assess the children with a focus on physical skills and the 6 areas of development which allow them to develop skills such as teamwork, challenging themselves and confidence. The children also learn to assess their own skills and that of their peers.

In KS2, teachers use the progression skills map to assess what the children should be able to do in each area of PE. This gives them the ability to look back and fill gaps and extend and challenge where possible by looking ahead.

Monitoring

In KS1, teachers are able to observe specialist teachers delivering PE and engage in a team-teaching opportunity working in collaboration with them.

In KS2, teachers are given opportunities to work with and plan alongside a specialist PE teacher in order to share ideas, raise confidence and assist with gaps in subject knowledge. Teachers in KS2 also observe specialist PE coaches delivering sessions during the year.