St Nicolas Sports Premium Report September 2022-July 2023

Building on last year where we were able to reinstate all sporting competitions post Covid this year we have been able to offer more specialist coaching, competitive sport, festival sport and active minutes in school than before.

Impact of Funding – 2022/23

The school received **£18,501** of Sports Premium Funding in 2022-2023 (based on 255 children in school).

Spend of the fund included the following:

- Membership/affiliation with West Berkshire School Sports Partnership
- Salary payments for leadership and management time for P.E. and sports
- Cover for teachers to attend sporting events
- Resources for P.E. teaching
- Professional development for staff with outside specialist coaches coming in to share skills with staff

Our Aims for 22/23 were as follows:

- To share sporting achievements with parents more
- To give children more meaning to physical activity (explain the why)
- To continue the high level of participation in outside sport
- To have Play leaders train new play leaders for the coming year (Developing leaders)

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The impact of these aims is laid out below:

- Bradfield College Football Competition- St Nics 5/6 Girls won the Bradfield Girls Football Tournament
- Swimming Gala- St Nics were extremely successful in the first swimming Gala since Covid and several children have qualified for the finals in July
- Quad Kids- We had great success again in the first Quad Kids since Covid
- Cross Country Championships- Wide success in all age groups
- Football-Our Year 5/6 Girls got to the semi-final of the Tony Mosson Cup team and won the FA Schools League at Park House. The Yr. 4 boys reached the final of the indoor
- Tag Rugby- 40 children attended a tag rugby tournament and played against other schools (This is double the amount from last Yr.)
- Tennis- 8 year 3-4s competed in a tennis tournament and 4 year 5-6s won a tennis tournament against 6 other schools
- Bradfield Cricket- St Nics won a cricket tournament against 12 other schools at Bradfield College
- Cricket-10 Yr 5-6s played in a cricket friendly Vs St Edwards Prep School
- Netball-Our Yr6 team qualified for the League finals and won the Newbury District Netball Competition and came second in the Newbury District plate competition.
- Archery, Boccia, seated volleyball, table tennis and dodgeball have been sports children have competed in for the school
- Footgolf and speedstacking events have been attended

To improve the quality of P.E. in the school

In 2023 we have continued our Daily Mile and have run it for the 5th consecutive year. Children have shown increased levels of fitness and we have held a family mile festival during the year to raise the profile of running with parents. The restricted space and monotony is proving a challenge in motivating children to keep running the mile and so we are looking for ways to reinvent it each year to keep children engaged. Throughout this year through the credit system at WBSSN the teachers have been able to work alongside and observe specialist coaches who have specialist knowledge in different areas of PE such as gymnastics, cricket and tennis. The staff have been able to learn from their expertise and begin to incorporate some of the strategies observed in their own PE sessions.

To maintain the high level of participation in sporting activities.

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This year we have managed to attend more sporting events than previous years and this has ensured a very high level or participation in sporting activities across the school with opportunities in all year groups. All children are given at least one, but in most cases several opportunities to represent the school in competitive sport throughout their time at the school. The children have been provided with a vast scope of sporting opportunities ensuring there is something for all children's interests and talents. The children take great pride in representing the school and are always keen to do so. Children's achievements both at school and out of school have been celebrated more frequently this year where we have invited parents into school for celebration assemblies and trophy presentations. This has raised the profile of sport further at St Nics and has inspired the younger children in school to aspire to such achievements.

Report:

Mr Harvey and the Governors along with the Sports Leader, Mrs Carvill, wish this grant to be as effective as possible in supporting children in their current and long term physical, health and mental wellbeing. Much of the work that St Nicolas enters into is as part of the West Berkshire School Sport Network (WBSSN).

There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school

2. The profile of PE and sport is raised across the school as a tool for whole-school improvement;

3. Increased confidence, knowledge and skills of all staff in teaching PE and sport;

4. Broader experience of a range of sports and activities offered to all pupils;

5. Increased participation in competitive sport.

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Key Indicator 1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.			
School focus with clarity on intended **impact on pupils**.	Actions to achieve:	Evidence and impact:	Sustainability and suggested next steps
Train new leaders using the current PlayLeaders to guide	• Young Leader training from LLeach at St Barts in Summer term • Speed stacking leader training at Theale • Current play leaders to train new play leaders in Summer Term	More children engaged at playtimes and lunchtimes in organised active games resulting in an improvement in behaviour and less incidents.	Continue current leaders training and preparing new leaders each Summer term
Opportunities in place to support pupils in achieving 30 active minutes each day at school.	Relaunch of Daily Mile in September with raffle ticket initiative	Children fitter and more engaged with the Daily Mile again	Staff meeting with practical tips for incorporating movement into different areas of the curriculum
Children will begin to develop good habits in relation to physical activity. Children will be more mentally alert and ready for education.	Relaunch Wellbeing Wednesdays Chn to work with WellBeing Passports and record levels of physical activity and link to impact on mood.	Children are more mentally alert and ready to learn Children value physical activity in everyday lives and understand why they are doing it	During PE sessions discussions around what is happening inside of their bodies as they run the mile. This will enable them to have purpose in what they do.

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		Children's positive reactions to physical activity being part of non-PE related subject areas. Active lessons encouraged.	
Encourage pupils to lead healthy lifestyles not only in school but out of school. To engage in 30 active minutes out of school every day. Children will consider physical activity as a normal part of their lives outside school.	Discussions with classes during PE Sessions around options for out of school sporting opportunities. Praising sporting achievements in and out of school in merit assemblies.	Increasing number of children involved in out of school sports clubs. More children involved in school sports competitions. Varied programme of sporting opportunities through out of school clubs	After school clubs focused on non-typical sports to engage those less confident or typically sporty multi sports club (including archery, table tennis, boccia etc) Make links with local sports providers and clubs to advertise local clubs through the school (Ignition tennis, Berkshire Cricket)
Key Indicator 2. The profile of PE and sport is raised across the school as a tool for whole-school improvement;			
School focus with clarity on intended **impact on pupils**.	Actions to achieve:	Evidence and impact:	Sustainability and suggested next steps
Maintain a raised profile of PE/School Sport throughout the school with staff, pupils and parents within the school community. Pupils will feel greater pride in their sporting achievements and be inspired to do more.	Continue to post on School Facebook page to celebrate schools sporting achievements across the school. Holding Sporting assemblies to celebrate achievements with parents invited	Greater enthusiasm for school sports. Great pride in representing the school Increased participation in school sports. Significant increases in parental engagement with school sport.	Revamp existing display area for sport Potentially host a dedicated sports achievement evening at the end of the year

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Key Indicator 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport;			
School focus with clarity on intended **impact on pupils**.	Actions to achieve:	Evidence and impact:	Sustainability and suggested next steps
Staff to see skilled coaching delivered to help build confidence in certain areas of PE. Staff to have time to plan with Vicky Carvill and observe teaching/team teach the session planned. Maintenance of PE equipment	Staff in all year groups to observe skilled coaching being delivered in certain areas of PE (cricket, tennis, and gymnastics) Time to be allocated for each yr group to have CPD time with Vicky Safety checks regularly taken to ensure apparatus are of required quality to teach safely and effectively.	Staff to feel more confident when planning and teaching certain areas of PE Teachers are regularly using the Speed Stacking resources for their lessons and feel confident delivering the sessions. Teachers feeling more confident when planning and teaching PE PE Equipment is monitored and safety is assured	Continue to monitor apparatus and equipment for safe usage. Teachers to have more gymnastics CPD through observing qualified gymnastics coach in whole class sessions. Look at Real Gym scheme to see if this would be helpful as its more prescribed.

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		New kit has been bought in certain areas to enhance the curriculum for the children (Cricket Tees etc)	
Key Indicator 4. Broader experience of a range of sports and activities offered to all pupils;			
School focus with clarity on intended **impact on pupils**.	Actions to achieve:	Evidence and impact:	Sustainability and suggested next steps
Pupils to have access to a variety of different sports clubs, giving them the opportunity to try out different sports in school.	External clubs in school offered External clubs outside of school details given where necessary	Due to personal circumstances some of our clubs haven't started back up since Covid but we intend to include more where possible.	Gather a sports council who are able to gather feedback from children on future clubs that they would like to have.
Key Indicator 5. Increased participation in competitive sport.			
School focus with clarity on intended **impact on pupils**.	Actions to achieve:	Evidence and impact:	Sustainability and suggested next steps
Intra-School competitions to take place. Foster positive attitudes towards sporting competition and achievements.	Colours tournaments throughout the year to give children the opportunity to compete with peers within their school.	Children take great pride in managing their own colours teams and are very competitive when playing in the colours tournaments.	Continue to run colours tournaments give sports leaders the opportunity to assist with refereeing the games.

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		Netball colours tournament Summer 2023	First ever St Nics Tag Rugby Colours Tournament initiated and led by pupils and officiated by ex-pupils was led last year could we make this an annual event
Enter WBSSN and Team Kennet to provide children with large exposure and ensure all children have the opportunity to represent the school at least once by the end of Year 6.	School to attend almost all WBSSN and Team Kennet sporting competitions throughout the year to give as many children as possible a large variety of sporting opportunities.	All children given an opportunity to represent the school in sport. Wide variety of sports offered with a high level of achievement from a variety of teams including reaching the county finals in football and hockey. Cycling, swimming, orienteering, tennis, rugby, cricket, badminton, hockey, athletics, football.	Continue to offer as much variety as possible to the children ensuring all children are offered the opportunity to represent the school in sport during their time here.

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