St Nicolas Sports Premium Report September 2021-July 2022

This academic year has been a breath of fresh air, a year where we have been able to do more sport than ever before and have great success and fun along the way.

Impact of Funding – 2021/22

The school received **£18,560** of Sports Premium Funding in 2021-2022 (based on 256 children in school).

Spend of the fund included the following:

- Membership/affiliation with West Berkshire School Sports Partnership
- Salary payments for leadership and management time for P.E. and sports
- Cover for teachers to attend sporting events
- Resources for P.E. teaching
- Professional development for staff with outside trainers coming in to share skills with staff

Our Aims for 21/22 were as follows:

- To participate widely in sporting competitions
- To improve the quality of P.E. in the school
- To maintain the high level of participation in sporting activities.
- To participate widely in sporting competitions

The impact of these aims is laid out below:

- Cross Country Championships- Our biggest sporting achievement of the year, we won in several categories and overall winners for the first tim.
- Football-Our Year 6 Boys team won the FA Schools League for West Berks, came second place in the regional finals and got to the final of NSPFA Cup. Our Year 4 boys reached the Semi-final of the NDSPFA Cup. Our Yr 3-4 Girls team also reached a quarter final.
- Tag Rugby- 20 children attended a tag rugby tournament and played against other schools

- Tennis- 8 year 3-4s competed in a tennis tournament and 4 year 5-6s won a tennis tournament against 6 other schools
- Cricket- 8 year 3-4s attended a cricket festival
- Cricket-10 Yr 5-6s played in a cricket friendly Vs St Edwards Prep School
- Dance- Our Yr 6 children attended a Dance festival at St Barts where they performed a dance learnt in school
- Netball-Our Yr 5-6 netball team won medals at their tournament against other local schools
- Archery, Boccia, seated volleyball, table tennis and dodgeball have been sports children have done competitively for the school

To improve the quality of P.E. in the school

In 2022 we managed to win the West Berks and North Hants Cross Country championships for the first time. This year we were very keen to build on the good level of fitness we have achieved as we have successfully implemented the Daily Mile for the last 4 academic years. Parents commented that they believed the success had in the Cross Country was due to the overall fitness improvements from the Daily Mile. Despite the restricted space we have tried to keep the Daily Mile interesting and engaging by creating different challenges for the children to do along the way. Throughout this year through the credit system at WBSSN the teachers have been able to work alongside and observe specialist coaches who have specialist knowledge in different areas of PE such as gymnastics, cricket and tennis. The staff have been able to learn from their expertise and begin to incorporate some of the strategies observed in their own PE sessions.

To maintain the high level of participation in sporting activities.

In the early stages of this academic year we factored in the inactivity of some of our pupils due to the pandemic and focused time and energy during our recovery timetable to include Fitness breaks, PE lessons and The Daily Mile. This year we have managed to attend more sporting events than previous years and this has ensured a very high level or participation in sporting activities across the school with opportunities in all year groups. All children are given at least one, but in most cases several opportunities to represent the school in competitive sport throughout their time at the school. The children have been provided with a vast scope of sporting opportunities ensuring there is something for all children's interests and talents. The children take great pride in representing the school and are always keen to do so.

Report:

Mr Harvey and the Governors along with the Sports Leader, Mrs Carvill, wish this grant to be as effective as possible in supporting children in their current and long term physical, health and mental wellbeing. Much of the work that St Nicolas enters into is as part of the West Berkshire School Sport Network (WBSSN).

There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school

2. The profile of PE and sport is raised across the school as a tool for whole-school improvement;

3. Increased confidence, knowledge and skills of all staff in teaching PE and sport;

4. Broader experience of a range of sports and activities offered to all pupils;

5. Increased participation in competitive sport.

Key Indicator 1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.			
School focus with clarity on intended **impact on pupils**.	Actions to achieve:	Evidence and impact:	Sustainability and suggested next steps
Training and establishing Young Leaders to plan and lead lunchtime games and activities to improve levels of activity and engagement during Breaks and Lunchtimes.	Young Leader training during summer term 2022 ready for leaders to begin Autumn 2022.	More children engaged at playtimes and lunchtimes in organised active games resulting in an improvement in behaviour and less incidents.	Could the Young Leaders train new leaders in the Autumn term before they leave.
Opportunities in place to support pupils in achieving 30 active minutes each day at school.	The Daily Mile using Pick and Mix challenge card which allows variation in level of challenge	Children fitter	Staff meeting with practical tips for incorporating movement into different areas of the curriculum
Children will begin to develop good habits in relation to physical activity. Children will be more mentally alert and ready for education.	Chn to work with WellBeing Passports and record levels of physical activity and link to impact on mood. Chn to work towards earning wristbands for set distances (100 miles I have run from Newbury to Leicester)	Children are more mentally alert and ready to learn Children value physical activity in everyday lives and understand why they are doing it Children's positive reactions to physical activity being part of non-PE related subject areas. Active lessons encouraged.	During PE sessions discussions around what is happening inside of their bodies as they run the mile. This will enable them to have purpose in what they do.

Encourage pupils to lead healthy lifestyles not only in school but out of school. To engage in 30 active minutes out of school every day. Children will consider physical activity as a normal part of their lives outside school.	Discussions with classes during PE Sessions around options for out of school sporting opportunities. Praising sporting achievements in and out of school in merit assemblies.	Increasing number of children involved in out of school sports clubs. More children involved in school sports competitions. Varied programme of sporting opportunities through out of school clubs	After school clubs focused on non-typical sports to engage those less confident or typically sporty multi sports club (including archery, table tennis, boccia etc) Make links with local sports providers and clubs to advertise local clubs through the school (Ignition tennis, Berkshire Cricket)
Key Indicator 2. The profile of PE and sport is raised across the school as a tool for whole-school improvement;			
School focus with clarity on intended **impact on pupils**.	Actions to achieve:	Evidence and impact:	Sustainability and suggested next steps
Maintain a raised profile of PE/School Sport throughout the school with staff, pupils and parents within the school community. Pupils will feel greater pride in their sporting achievements and be inspired to do more.	Posts on School Facebook page to celebrate schools sporting achievements across the school. Achievements recognised in assembly and improvements recognised. Weekly, including out of school achievements.	Greater enthusiasm for school sports. Great pride in representing the school Increased participation in school sports. Significant increases in parental engagement with school sport.	Revamp existing display area for sport Potentially host a dedicated sports achievement evening at the end of the year
Family Mile Festival 2022 Autumn term Pupils will feel a sense of pride in taking part in a whole school event	All classes given a designated time slot for Parents to join them to complete the Daily Mile with music on loud speaker	Parental feedback of effect on the children's physical fitness all very positive	Organise whole school participation in a nationally recognised sporting event

	Children to have fruit, biscuit and juice drink to celebrate their achievement Local Newspaper article and photographer visiting the school to capture the launch		such as Race For Life (carrying over)
Key Indicator 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport;			
School focus with clarity on intended **impact on pupils**.	Actions to achieve:	Evidence and impact:	Sustainability and suggested next steps
Staff to see skilled coaching delivered to help build confidence in certain areas of PE. Staff to have PE Staff meeting where CPD is delivered around new PE resources (Speed Stacking)	Staff in all year groups to observe skilled coaching being delivered in certain areas of PE (cricket, tennis, and gymnastics) All teaching staff receive training and completed a staff confidence in PE survey.	Staff to feel more confident when planning and teaching certain areas of PE Teachers are regularly using the Speed Stacking resources for their lessons and feel confident delivering the sessions. Teachers have identified gaps of Gymnastic	Continue to monitor apparatus and equipment for safe usage. Teachers to have more gymnastics CPD through observing qualified

		knowledge through staff survey	gymnastics coach in whole class sessions. Look at Real Gym scheme to see if this would be helpful as its more prescribed.
Maintenance of PE equipment	Safety checks regularly taken to ensure apparatus are of required quality to teach safely and effectively.	PE Equipment is monitored and safety is assured New kit has been bought in certain areas to enhance the curriculum for the children (Cricket Tees etc)	

Key Indicator 4. Broader experience of a range of sports and activities offered to all pupils;			
School focus with clarity on intended **impact on pupils**.	Actions to achieve:	Evidence and impact:	Sustainability and suggested next steps
Pupils to have access to a variety of different sports clubs, giving them the opportunity to try out different sports in school.	External clubs in school offered External clubs outside of school details given where necessary	Due to personal circumstances some of our clubs haven't started back up since Covid but we intend to	Gather a sports council who are able to gather feedback from children on future clubs that they would like to have.

Key Indicator 5. Increased participation in competitive sport.			
School focus with clarity on intended **impact on pupils**.	Actions to achieve:	Evidence and impact:	Sustainability and suggested next steps
Intra-School competitions to take place. Foster positive attitudes towards sporting competition and achievements.	Colours tournaments throughout the year to give children the opportunity to compete with peers within their school.	Children take great pride in managing their own colours teams and are very competitive when playing in the colours tournaments. First ever St Nics Tag Rugby Colours Tournament initiated and led by pupils and officiated by ex-pupils. Netball colours tournament	Continue to run colours tournaments give sports leaders the opportunity to assist with refereeing the games.
Enter WBSSN and Team Kennet to provide children with large exposure and ensure all children have the opportunity to represent the school at least once by the end of Year 6.	School to attend almost all WBSSN and Team Kennet sporting competitions throughout the year to give as many children as possible a large variety of sporting opportunities.	All children given an opportunity to represent the school in sport. Wide variety of sports offered with a high level of achievement from a variety of teams including reaching the county finals in football and hockey. Cycling, swimming, orienteering, tennis, rugby, cricket, badminton, hockey, athletics, football.	Continue to offer as much variety as possible to the children ensuring all children are offered the opportunity to represent the school in sport during their time here.